

How to Improve Decision-Making

The ACIP Model from Irving L. Janis & Leon Mann

When your child or your family is making an important decision, this is an excellent opportunity to teach effective decision-making. Learning these skills is essential to making any decisions, including those of career choice.

Thanks to the research of behavioral scientists, particularly Irving L. Janis and Leon Mann, we know how effective decisions are made. The key is to focus on the procedures, or steps that are followed.

They identify seven, and I have condensed these to four that have the acronym ACIP:

A is for Alternatives

You want to consider a wide range of them!

C is for Consequences

The consequences of choosing each alternative.

I stands for the Information

Gather all of the information necessary in order to make an educated decision.

P is for the Plans

It's important to consider the implementation of your decision and what that will require.

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